

# 2018 Metastatic Breast Cancer Conference



## Thriving Together

10:00am	Welcome
10:15am	<b>“Paying it Forward”</b> <i>Suzanne Burton, Counselor, LCPC, MCoun, NCC</i>
11:00am	Keynote Speaker <b>“A Perspective from a Translational Metastatic Breast Cancer Researcher”</b> <i>Dr. Alana Welm, Ph.D, Huntsman Comprehensive Cancer Institute, University of Utah, Komen Scholar</i>
12:00pm	<b>Audience Q&amp;A with Dr. Welm</b>
12:30pm	LUNCH
1:30pm	<b>“Coping, Self-Care &amp; Living in the Moment”</b> <i>Diane Bartlett, LCSW, OSW-C, St. Luke’s Mountain States Tumor Institute</i>
2:15pm	<b>“Can we talk?” Tips for Having Difficult Conversations”</b> <i>Tammie Sherner, MSN, APRN-CNS, BC, Clinical Nurse Specialist St. Alphonsus Cancer Center</i>
3:00pm	<b>“The How, Where, and Why of Clinical Trials”</b> <i>Erin Hawks, CCRC, Clinical Research Associate, St. Alphonsus RMC</i>
3:45pm	BREAK
4:00pm	<b>Panel Discussion with Audience Q&amp;A</b> <i>Moderated by Alicia Rosales LSCW, OSW-C</i> <i>Panel members: Diane Bartlett, Tammie Sherner, Erin Hawks, Dr. Stephanie Hodson, MD</i>
5:00pm	Door Prizes and Closing Remarks
5:30pm	LIGHT DINNER. Stay and visit as long as you like!

## KEYNOTE SPEAKER

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### Dr. Alana Welm, Ph. D



Alana L. Welm, Ph.D., is the Ralph E. and Willia T. Main Presidential Endowed Chair in Cancer Research, Associate Professor in the Department of Oncological Sciences, and Investigator at the Huntsman Comprehensive Cancer Institute, University of Utah in Salt Lake City, UT.

Dr. Welm's research focuses on two major emphases centered on breast cancer metastases: better understanding the biology of metastasis in order to develop new therapies and creating innovative models of human breast cancer that more accurately reflect behavior of tumors and response to therapy.

Dr. Welm's Komen funding explores new approaches to stimulate the immune system to kill cancer (immunotherapy), specifically focusing on inhibiting activity that contributes to breast cancer metastasis.

## PRESENTERS

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### Suzanne Burton, LCPC



Suzanne Burton is a mental health counselor with expertise in depression, anxiety, grief and loss, trauma, relationship issues, and adjusting to change. She has worked extensively with individuals coping with major life transitions. Her primary theoretical orientation emphasizes changing thoughts and beliefs as a way of reconnecting with others and finding fulfillment in life. Suzanne has lived in Idaho and Montana most of her life and was diagnosed with breast cancer in 2011.

### Diane Bartlett, LCSW



Diane Bartlett, LCSW provides individual, couples, family, and group counseling services to adults, adolescents, and children coping with cancer at St. Luke's Mountain States Tumor Institute. She has clinical experience and specializes in depression, anxiety, adjustment to chronic illness, grief, and loss. Diane earned her bachelor's degree in human development and family studies from Texas Tech University. She earned her master's degree in social work from University of Texas at Arlington. Diane is a member of the Association of Oncology Social Work and American Psychosocial Oncology Society.

# PRESENTERS

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## Tammie Shermer, MSN, APRN-CNS



Tammie is a psychiatric and adult health clinical nurse specialist, board certified in psychiatry and oncology. She is currently an advanced practice provider at Saint Alphonsus Cancer Care Centers, specializing in psycho-oncology and survivorship. Tammie is passionate about communication in the cancer setting, about treating the "whole" patient and their families. She currently facilitates 3 groups for patients from both Boise hospitals: CLIMB, a group for women with metastatic breast and gyn cancers, and a group for those newly diagnosed with breast and gyn cancers. She is a proud and grateful breast cancer patient since 2007, currently NED. Tammie is also the newest member to the Komen Idaho Montana Board of Directors.

## Erin Hawks, CCRC



Erin Hawks is a certified clinical research associate with Saint Alphonsus, focusing on clinical research opportunities for patients with breast, prostate, and gynecological cancers. She works along-side physicians & nursing staff to provide outlets of new treatment or care-management opportunities through clinical trials. Erin is a member of Saint Alphonsus Cancer Committee & Independent Biosafety Committee. Her hope is to provide patients who participate in clinical research with an active role in their healthcare decisions.

## Alicia Rosales, LCSW, OSW-C



Alicia is an oncology certified licensed clinical social worker who has been working with oncology patients since 2000. She is the Oncology Service Line Program Manager for St. Luke's Mountain States Tumor Institute and is responsible for developing and implementing care for cancer patients in our community. Alicia is passionate about supporting cancer patients and their families and works with national and local community groups to bring quality cancer care to the region.

## Dr. Stephanie Hodson, MD



Dr. Stephanie Hodson is board certified in Medical Oncology and has expertise in the care of a wide range of malignancies, including a special interest in the care of cancers of the breast, lung, GI tract and gynecological malignancies. She is experienced in the care of a wide range of hematologic and coagulation disorders. Dr. Hodson received her medical degree from the University of Washington and completed fellowship training in Hematology and Medical Oncology at Oregon Health Sciences University. Dr. Hodson is the Medical Director for Summit Cancer Center in Boise and serves on the Komen Idaho Montana Board of Directors.

# THANK YOU!

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